

Dear all

Please find below the daily C19 update, which can be shared more widely.

Please remember to **STAY ALERT, CONTROL THE VIRUS, SAVE LIVES**

With best wishes,

**Mary Evans**  
Deputy Leader, Suffolk County Council

**Nicola Beach**  
Chief Executive, Suffolk County Council

**Stuart Keeble**  
Director of Public Health, Suffolk County Council



### Current UK Alert Level: 3

On 19/06/2020 update from the UK Chief Medical Officers on the UK alert level confirmed that the UK COVID-19 alert level has been lowered from risk level 4 to risk level 3. It does not mean that the pandemic is over. The virus is still in general circulation, and localised outbreaks are likely to occur. Therefore, we all need to follow current infection prevention guidance and messages.

Please note the Government's messaging is '*stay alert, control the virus, save lives*' (previously '*stay at home, protect the NHS, save lives*')



### Current UK Situation

- As of 4:21pm on 6th August: 308,134 people have tested positive for COVID-19 in the UK (pillar 1 and pillar 2 testing). Of those who tested positive for COVID-19 in the UK, 46,413 have died across all settings. You can view the latest UK dashboard and cases by local authority [here](#).

- Confirmed cases in Suffolk are broken down by Districts & Boroughs as follows.
- From 2 July, the number of lab-confirmed positive cases now includes those identified by testing in all settings (pillars 1 and 2). Pillar 2 refers to tests in commercial labs working in partnership with the NHS. Previously, only Pillar 1 confirmed cases were included (tests completed in NHS labs). Due to this change many cases previously not attributed to any area are now included in area totals. This is not a recent surge in cases – the cases now being reported occurred from April onwards. As this quality of this data continues to improve, these numbers may continue to fluctuate over time, but overall, case numbers and case rates in Suffolk remain low compared to the East of England and England as a whole.
- Compared to the previous briefing (5 August 2020) the cumulative number of cases has increased by 2. These cases were added within the last two weeks.** These numbers are depicted in the two additional columns shaded in grey below.

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Area	Cumulative cases	Rate per 100,000 residents (2019 mid-year estimates)	These columns may help in interpreting the data, they will only be calculated for Suffolk.	
			New or removed cases added since previous briefing:	Are these added cases more than 2 weeks old?
Ipswich	713	520.8 per 100,000 residents		
East Suffolk	891	357.2 per 100,000 residents		
Mid Suffolk	329	316.7 per 100,000 residents		
Babergh	270	293.4 per 100,000 residents	+2	No
West Suffolk	494	275.9 per 100,000 residents		
Suffolk	2,697	354.2 per 100,000 residents	+2	
East of England	25,059	401.8 per 100,000 residents		
England	265,849	472.3 per 100,000 residents		

### **COVID-19 related news from GOV.UK**

- [Coronavirus support measures help every region and nation in the UK](#): New data published today reveals how businesses across every corner of the UK continue to be supported through government-backed coronavirus loan schemes.
- [Andorra, Belgium and The Bahamas to be removed from travel corridors list](#): People arriving into the UK from Belgium, the Bahamas and Andorra will have to quarantine for 14 days. Transport Secretary Grant Shapps said the changes start at 04:00 BST on Saturday except in Wales, where it started midnight on Thursday.

- [Hot weather warning issued for parts of the country](#): People recovering from COVID-19 at home, those who are self-isolating, older people and people with underlying health conditions are all more vulnerable during hot weather.

### **Other COVID-related news**

BBC Health:

- [Coronavirus: Asymptomatic cases 'carry same amount of virus'](#): Results of 1,886 tests suggest people with no symptoms at the time of the test, including those who never go on to develop symptoms, have the same amount of viral material in their nose and throat as people with symptoms.
- [Coronavirus: England's contact-tracing app readies for launch](#): A second attempt at a Covid-19 contact-tracing app for England will soon be tested by members of the public. Officials hope to confirm the date for the limited roll-out within a few days. It could be as soon as next week.

BBC Global News:

- ['Aggressive action' needed as Africa coronavirus cases pass 1m](#): In the continent overall, more than 22,000 people have died with Covid-19 and almost 690,000 people have recovered, the figures show.
- [Coronavirus: India becomes third country to pass two million cases](#): India is now the third country to cross the two million mark. It reported 62,170 cases in the past 24 hours, taking its total tally up to 2,025,409.
- [BBC live global updates](#):
  - Ohio governor tests positive for Covid-19
  - Nigeria's Lagos mosques reopen. Worshippers must also adhere to safety measures like wearing of face masks and social distancing.

### **Suffolk**

Looking after yourself in the heatwave: It looks like we are set for a few days of very hot weather in Suffolk. It is important to look after yourself & others during this hot weather. Suffolk's GP colleagues have some advice you can [read here](#). You can still be infected by coronavirus in the heat. If you go out & it's busy, try somewhere quieter. The busier somewhere is, the greater the risk of the virus spreading.

### **Key National Guidance updates**

The existing guidance is being updated extremely regularly so please check any guidance relevant to your area to ensure that you are accessing the most up to date version. We are not including in this table all the published material but some of the key guidance that would be relevant to Suffolk County Council and our partners.

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	Title	Who For	Comments
<b>UPDATED</b>	<a href="#">Domestic abuse: get help during the coronavirus (COVID-19) outbreak</a>	Everyone	Updated to include more information for children and young people.
<b>UPDATED</b>	<a href="#">Coronavirus (COVID-19): countries and territories exempt from advice against 'all but essential' international travel</a>	Everyone	Andorra, Belgium and the Bahamas removed from the exemptions list to the Global Travel Advisory based on the current assessment of COVID-19 risks.
<b>UPDATED</b>	<a href="#">Prison social visits in England and Wales</a>	Everyone	Updated guidance on prison visiting rules. Prisons in England and Wales are now opening when it is safe for visitors. Certain restrictions apply because of coronavirus (COVID-19).

### **Useful Websites**

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	Title	Who For	Comments
1	<a href="#">NHS - COVID-19 go-to page</a>	General Public	
2	<a href="#">GOV.UK – COVID-19 homepage</a>	Main cover webpage for all government guidance for public &	

		professionals alike	
3	<u>Coronavirus (COVID-19): guidance</u>	Main collection of guidance for anyone in any setting	Guidance includes: - Guidance for the public (incl. social distancing and shielding) - Guidance for non-clinical settings (incl. cleaning, educational settings, employees, employers, businesses, residential care, supported living and home care) - Guidance for health professionals - Infection prevention and control (incl. PPE) - Sampling and diagnostics
4	<u>Heatwave Plan for England</u>	Professionals	
5	Mental health support and advice from:  <ul style="list-style-type: none"> <li>· <u>WHO</u></li> <li>· <u>mentalhealth.org.uk</u></li> <li>· <u>Ipswich &amp; East CCG</u></li> <li>· <u>Living Life To The Full</u></li> <li>· <u>NHS Practitioner Wellbeing</u></li> <li>· <u>Samaritans</u></li> </ul>	General public, staff and carers	

6	Chronic disease self- care during COVID-19:  <ul style="list-style-type: none"> <li>• <a href="#">Asthma</a></li> <li>• <a href="#">Diabetes</a></li> </ul>	General public	
7	<a href="#">European Centre for Disease Prevention and Control (ECDC) COVID-19 homepage</a>	Professionals	
8	<a href="#">Oxford COVID-19 Government Response Tracker</a>	Professionals	The tracker compares worldwide government responses to the coronavirus rigorously and consistently. The Oxford team collects information on common policy responses, scores the stringency of such measures, and aggregates these into a Stringency Index.

**Local Resources:**

Below are any local resources that would be relevant to Suffolk County Council and our partners.

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	<b>Title</b>	<b>Who For</b>	<b>Comments</b>
	Public Health Suffolk's <a href="#">COVID19 RADAR</a> (Research Action Digest And Review)	Professionals	Weekly summary of COVID-19 related research evidence that is relevant to the Suffolk system, makes recommendations for consideration, and aims to ensure research evidence is rapidly disseminated and turned into local action.
	Public Health Suffolk's <a href="#">Coronawatch Dashboard</a>	Everyone	Access to national and local data including confirmed cases of coronavirus (COVID-19), deaths from coronavirus, Care home outbreaks and Google social mobility data from the dashboard along with a series of briefings which have been produced on related topics, all from publicly available sources.

<a href="#"><u>Mobile Testing Units in Suffolk</u></a>	Everyone	It is important that anyone with coronavirus symptoms gets tested. Mobile testing units are mobilised by the Ministry of Defence and regularly appear across Suffolk. Please share details of the testing sites with your local community – see under <b>Where can I get tested in Suffolk?</b>
<a href="#"><u>Support from the Suffolk Growth Programme Board (SGPB)</u></a>	Everyone	SGPB is a partnership of all Suffolk local authorities, Suffolk Chamber of Commerce, University of Suffolk and New Anglia LEP. In Suffolk our Economy & business recovery work for COVID-19 is being led by SGPB and the website includes links to funding / surveys / economic impact work. Please do pass this information on to your contacts.
<a href="#"><u>Suffolk Domestic Abuse 24/7 Helpline – Freephone 0800 977 5690</u></a>	Everyone	The freephone number is live from 9am on Friday 22nd May 2020 for anyone with concerns including professionals who may be supporting clients as well as friends and family members who are concerned for loved ones.
<a href="#"><u>New Anglia: Employment Opportunities in Key Sectors in Norfolk and Suffolk</u></a>	Individuals and Businesses wanting to know what employment opportunities are available in some of our key sectors	The New Anglia LEP - alongside other partners including local authorities - have pulled together lists and links to key employment roles needed now as part of the response to the current crisis.
<a href="#"><u>Suffolk Safeguarding Partnership</u></a>	Everyone	The website aims to help everyone understand the signs of neglect or abuse and what to do if they are worried about a child or an adult.
<a href="#"><u>NEW ANGLIA GROWTH HUB</u></a>	Businesses needing support	A one stop shop source of information for government support and guidance available to businesses including 121 business advice sources of business grants and loans.

<a href="#">Healthy Suffolk: COVID-19 Emotional Wellbeing, Mental Health and Learning Disabilities Information Hub</a>	Everyone	This page contains links to a wealth of resources and support for your health and wellbeing.
<a href="#">Suffolk County Council: Coronavirus information</a>	Everyone	Suffolk County Council coronavirus (COVID-19) information, including health advice, service changes, business support and schools guidance.
<a href="#">Keep Moving Suffolk</a>	Everyone	The website contains free resources, ideas, tips, useful links and positive stories to encourage people to stay active during these unprecedented times. The website and our social channels will be constantly updated.

**Global: WHO Situation Report** – reports available [here](#)

- [WHO Covid-19 Dashboard](#) for professionals using near real time data.
- [GOARN COVID-19 Knowledge hub](#) - central repository of quality public health information, guidance, tools and webinars which can be accessed freely at any point.

**Situation in Numbers WHO SitRep 199, 6th August**

**Situation in numbers (by WHO Region)**

Total (new cases in last 24 hours)

<b>Globally</b>	18 614 177 cases (259 344)	702 642 deaths (6 488)
<b>Africa</b>	848 053 cases (13 906)	15 252 deaths (502)
<b>Americas</b>	9 981 204 cases (139 362)	372 008 deaths (4 074)
<b>Eastern Mediterranean</b>	1 598 640 cases (13 182)	42 052 deaths (451)
<b>Europe</b>	3 477 225 cases (25 178)	215 168 deaths (430)
<b>South-East Asia</b>	2 360 721 cases (61 288)	49 572 deaths (1 003)
<b>Western Pacific</b>	347 593 cases (6 428)	8 577 deaths (28)

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