

Please remember to **STAY ALERT, CONTROL THE VIRUS, SAVE LIVES**

**SCC STATEMENT 31/07/2020**

With best wishes,

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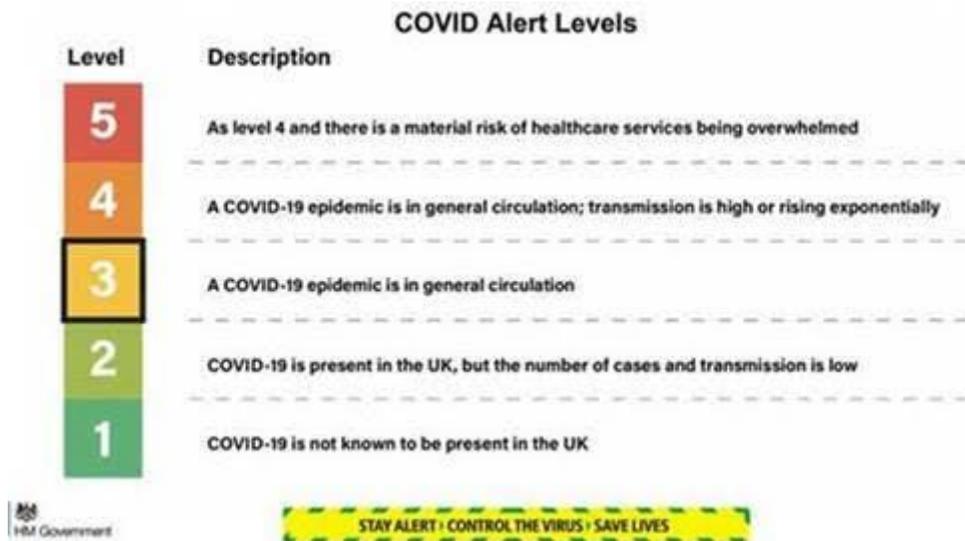
**Stuart Keeble**  
Director of Public Health, Suffolk County Council



**Current UK Alert Level: 3**

On 19/06/2020 [update from the UK Chief Medical Officers on the UK alert level](#) confirmed that the UK COVID-19 alert level has been lowered from risk level 4 to risk level 3. It does not mean that the pandemic is over. The virus is still in general circulation, and localised outbreaks are likely to occur. Therefore, we all need to follow current infection prevention guidance and messages.

Please note the Government's messaging is '**stay alert, control the virus, save lives**' (previously '*stay at home, protect the NHS, save lives*')



### Current UK Situation

- As of 4pm on 30<sup>th</sup> July: 302,301 people have tested positive for COVID-19 in the UK (pillar 1 and pillar 2 testing). Of those who tested positive for COVID-19 in the UK, 45,999 have died across all settings. You can view the latest UK dashboard and cases by local authority [here](#).

### **Confirmed cases in Suffolk are broken down by Districts & Boroughs as follows:**

- From 2 July, the number of lab-confirmed positive cases now includes those identified by testing in all settings (pillars 1 and 2). Pillar 2 refers to tests in commercial labs working in partnership with the NHS. Previously, only Pillar 1 confirmed cases were included (tests completed in NHS labs). **Due to this change many cases previously not attributed to any area are now included in area totals. This is not a recent surge in cases – the cases now being reported occurred from April onwards. As this quality of this data continues to improve, these numbers may continue to fluctuate over time, but overall, case numbers and case rates in Suffolk remain low compared to the East of England and England as a whole.**
- Compared to the previous briefing (29 July 2020) the number of cases has increased by 3. All of these cases were added within the last two weeks. These numbers are depicted in the two additional columns shaded in grey below.**

Area	Cumulative cases	Rate per 100,000 residents	These columns may help in interpreting the data, they will only be calculated for Suffolk.	
			New or removed cases added since previous briefing:	Are these added cases more than 2 weeks old?
Ipswich	711	517.0 per 100,000 residents	+2	No
East Suffolk	884	356.1 per 100,000 residents		
Mid Suffolk	329	321.0 per 100,000 residents		
Babergh	266	291.0 per 100,000 residents	+1	No

West Suffolk	492	275.0 per 100,000 residents		
Suffolk	2,682	353.6 per 100,000 residents	+3	No
East of England	24,710	398.5 per 100,000 residents		
England	260,534	465.4 per 100,000 residents		

### **COVID-19 related news from [GOV.UK](#)**

- [New rules on gatherings in some parts of Northern England](#) – The government has announced changes to rules on gatherings in Greater Manchester, West Yorkshire and East Lancashire after increase in COVID-19 cases. These changes will also apply in Leicester city. People in these areas will not be permitted to mix with other households (apart from those in their support bubbles) in private homes or gardens.
- [Developing NHS Test and Trace: business plan](#) – The NHS Test and Trace business plan has been published, which sets out the next steps in the development of the NHS Test and Trace service and priorities for the next 3 to 6 months which include:
  - double daily COVID-19 testing capacity to 500,000 by the end of October
  - test 150,000 at-risk people without symptoms per day by September
  - increase testing sites to more than 500 across the country by October
  - introduce an app to support the NHS Test and Trace service
  - have 100,000 people participating in research studies into COVID-19 immunity by September
  - drive world-leading research into antibodies and immunity to help improve our understanding of the virus and our ability to contain it
  - support local councils to refine and improve their local outbreak control plans and ensure they have the capacity and capability to implement those plans
- [NHS Test and Trace launches campaign to encourage everyone with symptoms to get a free test](#) - NHS Test and Trace today launched the new campaign alongside a new business plan to expand testing capacity and prepare the nation for winter. The aim of the campaign is to encourage everyone to get a free test as soon as they get symptoms, and making them aware of the need to respond to the service if contacted. As part of the plan people will be able to get a test closer to where they live, with the number of testing sites increasing to over 500 locations in England. By October, the majority of people living in urban settings will be no more than a 30-minute walk from a test site.
- [Health and care workers to self-isolate on return to UK from high-risk countries](#) - Registered health and care professionals travelling to the UK from high-risk countries will now be required to self-isolate for 14 days.
- [Luxembourg removed from list of travel exemptions for the whole of the UK following data showing a significant change in confirmed cases](#) – Anyone arriving in England, Wales, Scotland or Northern Ireland from Luxembourg on or after 31 July 2020 will be required to self-isolate for 14 days.
- [UK Biobank COVID-19 seroprevalence study: round 1 results](#) – As part of a programme of surveillance studies the Department of Health and Social care has funded a seroprevalence study, measuring antibodies to SARS-CoV-2 in order to provide evidence for previous infection with the virus. Over 20,000 volunteers have been recruited to the study. The first results provide a snapshot for May and June of past COVID-19 infection, revealing that:
  - 7.1% of the participants had been infected previously
  - there was no difference in the rates of previous infection between men and women
  - the rates of infection were higher in younger people (ranging from 10.8% in those under 30, to 5.4% in those over 70)

- those living in London were more likely to have a previous infection (10.4%), and those living in the south west of England and Scotland were least likely to have a previous infection (4.4% in both)
- people living in areas with higher levels of socio-economic deprivation had a higher rate (8.9%) of previous infection than those who live in more affluent areas of the country (6.1%)
- the rate of previous infection was higher among people of Black (11.3%) and South Asian (9.0%) ethnicity than among those of White ethnicity (6.9%)

### **Other COVID-19 related news**

#### **ONS News:**

- [Comparisons of all-cause mortality between European countries and regions](#): The Office of National Statistics have published data on the comparisons of all-cause mortality between European countries and regions from January to June 2020. They have also included all-cause mortality rates by local area and regions compared with a five-year average from 2015 to 2019.

#### **BBC News**

- [BBC: Leicester lockdown: Pubs and restaurants to reopen](#) The government has announced that pubs and restaurants in Leicester are set to reopen from Monday as a number of lockdown restrictions in the city are lifted.

#### **BBC Global News**

- More than 150,000 people in the United States have now died due to COVID-19.

### **Suffolk**

**Mobile Testing Units:** visit [www.suffolk.gov.uk/testing](http://www.suffolk.gov.uk/testing) for newly published dates for mobile testing units across Suffolk. These dates are for the week commencing 3 August and are subject to change, so please check back regularly. 99.9% of households in Suffolk are located within 30 minutes drive (89% within 20 minutes) of one of our local drive-through testing sites. It is important that anyone with coronavirus symptoms starts isolating and gets tested. Tests can be booked at [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) or by calling 119. If you need to get tested, but do not have a booking, our local drive-through testing sites will still aim to offer you a test if capacity is available on the day.

Download the free NHS Better Health app to help you start healthier eating habits, be more active and start losing weight.

visit [www.nhs.uk/better-health/](http://www.nhs.uk/better-health/) For ideas of ways to get active locally, visit the #KeepMovingSuffolk website at [www.keepmovingsuffolk.com](http://www.keepmovingsuffolk.com)

### **Key National Guidance updates**

The existing guidance is being updated extremely regularly so please check any guidance relevant to your area to ensure that you are accessing the most up to date version. We are not including in this table all the published material but some of the key guidance that would be relevant to Suffolk County Council and our partners.

	Title	Who For	Comments
<b>NEW</b>		<a href="#">Number of COVID-19 tests in defence and positive cases in the UK Armed</a>	Armed Forces   <a href="#">Summary statistics on the number of defence personnel who have had a COVID-19 test; and for the UK Armed Forces, the number of positive</a>

	Forces 2020
<b>NEW</b>	<a href="#">NHS Test and Trace statistics (England): 16 July to 22 July 2020</a>
<b>UPDATED</b>	<a href="#">COVID-19: guidance for households with possible coronavirus infection</a>
<b>UPDATED</b>	<a href="#">Coronavirus (COVID-19): guidance for local</a>

	cases of COVID-19
Everyone	<p>Experimental statistics for weeks 1 to 8 of NHS Test and Trace contact tracing in England. Some findings from data from 16-22<sup>nd</sup> July include:</p> <ul style="list-style-type: none"> <li>• 366,397 people were newly tested for COVID-19 under Pillar 1 and Pillar 2.</li> <li>• Test results for 91.0% of people tested under Pillar 1 were made available within 24 hours of the laboratory receiving the test for processing.</li> </ul>
Households with possible coronavirus (COVID-19) infection.	<p>Stay at home guidance for households with possible coronavirus (COVID-19) infection</p> <p><u>Changes made:</u></p> <p>Updated link to information on local restrictions and to reflect the extension of self-isolation to 10 days</p>
Local government	All Guidance for local councils during the coronavirus (COVID-19)

	government
<b>UPDATED</b>	COVID-19: guidance for first responders
<b>UPDATED</b>	COVID-19: management of staff and exposed patients and residents in health and social care settings
<b>UPDATED</b>	COVID-19: guidance for stepdown of infection control precautions within hospitals and discharging COVID-19 patients from hospital to home settings
<b>UPDATED</b>	Providing

	outbreak. <u>Changes made</u> Updated guidance for: Local restrictions and managing a local outbreak
First responders	Updated guidance to include the self-isolation period from 7 to 10 days for individuals in the community with COVID-19 symptoms or a positive test result.
Employers in health and social care settings	<u>Changes made</u> Updated to reflect the extension of the self-isolation period from 7 days to 10 days for staff who have COVID-19 symptoms or a positive test result from the community; 14 days isolation period for staff and patients who are admitted to hospital (section 2); inclusion of re-testing guidance in staff (section 3).
NHS staff and Social Care Staff	<u>Change mades</u> Changes to self-isolation policy for all admitted patients to 14 days; updated section 3 to include the provision of written instructions for ongoing isolation when discharging patients.
Apprentices,	Updated guidance to

	<p>apprenticeships during the coronavirus (COVID-19) outbreak</p>	<p>employers, training providers and assessment organisations</p>	<p>include the temporary flexibility to allow apprenticeship certificates to be sent to an alternative address and the end point assessment (EPA) flexibilities that are extended until the end of the year.</p>
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### Useful Websites

	Title	Who For	Comments
1	<a href="#">NHS - COVID-19 go-to page</a>	General Public	
2	<a href="#">GOV.UK – COVID-19 homepage</a>	Main cover webpage for all government guidance for public & professionals alike	
3	<a href="#">Coronavirus (COVID-19): guidance</a>	Main collection of guidance for anyone in any setting	<p>Guidance includes:</p> <ul style="list-style-type: none"> <li>- Guidance for the public (incl. social distancing and shielding)</li> <li>- Guidance for non-clinical settings (incl. cleaning, educational settings, employees, employers, businesses, residential care, supported living and home care)</li> <li>- Guidance for health professionals</li> <li>- Infection prevention and control (incl. PPE)</li> <li>- Sampling and diagnostics</li> </ul>
4	<a href="#">Heatwave Plan for England</a>	Professionals	
5	<p>Mental health support and advice from:</p> <ul style="list-style-type: none"> <li>• WHO</li> <li>• <a href="https://www.mentalhealth.org.uk">mentalhealth.org.uk</a></li> </ul>	General public, staff and carers	

	<ul style="list-style-type: none"> <li>• Ipswich &amp; East CCG</li> <li>• Living Life To The Full</li> <li>• NHS Practitioner Wellbeing</li> <li>• Samaritans</li> </ul>		
6	<p>Chronic disease self- care during COVID-19:</p> <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Diabetes</li> </ul>	General public	
7	<p>European Centre for Disease Prevention and Control (ECDC) COVID-19 homepage</p>	Professionals	
8	<p>Oxford COVID-19 Government Response Tracker</p>	Professionals	<p>The tracker compares worldwide government responses to the coronavirus rigorously and consistently. The Oxford team collects information on common policy responses, scores the stringency of such measures, and aggregates these into a Stringency Index.</p>

### **Local Resources:**

Below are any local resources that would be relevant to Suffolk County Council and our partners.

<b>Title</b>	<b>Who For</b>	<b>Comments</b>
Public Health Suffolk's <a href="#">COVID19 RADAR</a> (Research Action Digest And Review)	Professionals	Weekly summary of COVID-19 related research evidence that is relevant to the Suffolk system, makes recommendations for consideration, and aims to ensure research evidence is rapidly disseminated and turned into local action.
Public Health Suffolk's <a href="#">Coronawatch Dashboard</a>	Everyone	Access to national and local data including confirmed cases of coronavirus (COVID-19), deaths from coronavirus, Care home outbreaks and Google social mobility data from the dashboard along with a series of briefings which have been produced on related topics, all from publicly available sources.
<a href="#">Mobile Testing Units in Suffolk</a>	Everyone	It is important that anyone with coronavirus symptoms gets tested. Mobile testing units are mobilised by the Ministry of Defence and regularly appear across Suffolk. Please share details of the testing sites with your local community – see under <b>Where can I get</b>

		<b>tested in Suffolk?</b>
<a href="#">Support from the Suffolk Growth Programme Board (SGPB)</a>	Everyone	SGPB is a partnership of all Suffolk local authorities, Suffolk Chamber of Commerce, University of Suffolk and New Anglia LEP. In Suffolk our Economy & business recovery work for COVID-19 is being led by SGPB and the website includes links to funding / surveys / economic impact work. Please do pass this information on to your contacts.
<a href="#">Suffolk Domestic Abuse 24/7 Helpline – Freephone 0800 977 5690</a>	Everyone	The freephone number is live from 9am on Friday 22nd May 2020 for anyone with concerns including professionals who may be supporting clients as well as friends and family members who are concerned for loved ones.
<a href="#">New Anglia: Employment Opportunities in Key Sectors in Norfolk and Suffolk</a>	Individuals and Businesses wanting to know what employment opportunities are available in some of our key sectors	The New Anglia LEP - alongside other partners including local authorities - have pulled together lists and links to key employment roles needed now as part of the response to the current crisis.
<a href="#">Suffolk Safeguarding Partnership</a>	Everyone	The website aims to help everyone understand the signs of neglect or abuse and what to do if they are worried about a child or an adult.
<a href="#">NEW ANGLIA GROWTH HUB</a>	Businesses needing support	A one stop shop source of information for government support and guidance available to businesses including 121 business advice sources of business grants and loans.
<a href="#">Healthy Suffolk: COVID-19 Emotional Wellbeing, Mental Health and Learning Disabilities Information Hub</a>	Everyone	This page contains links to a wealth of resources and support for your health and wellbeing.
<a href="#">Suffolk County Council: Coronavirus information</a>	Everyone	Suffolk County Council coronavirus (COVID-19) information, including health advice, service changes, business support and schools guidance.
<a href="#">Keep Moving Suffolk</a>	Everyone	The website contains free resources, ideas, tips, useful links and positive stories to encourage people to stay active during these unprecedented times. The website and our social channels will be constantly updated.

**Global: WHO Situation Report** – reports available [here](#)

- [WHO Covid-19 Dashboard](#) for professionals using near real time data.
- [GOARN COVID-19 Knowledge hub](#) - central repository of quality public health information, guidance, tools and webinars which can be accessed freely at any point.

**Situation in Numbers WHO SitRep 192, 30 July**

## Situation in numbers (by WHO Region)

Total (new cases in last 24 hours)

<b>Globally</b>	16 812 755 cases (253 793)	662 095 deaths (5 999)
<b>Africa</b>	754 390 cases (16 046)	12 838 deaths (319)
<b>Americas</b>	8 980 181 cases (139 657)	346 554 deaths (3 919)
<b>Eastern Mediterranean</b>	1 520 745 cases (13 011)	39 203 deaths (388)
<b>Europe</b>	3 307 388 cases (23 438)	212 079 deaths (460)
<b>South-East Asia</b>	1 949 850 cases (57 794)	43 117 deaths (884)
<b>Western Pacific</b>	299 460 cases (3 847)	8 291 deaths (29)