

Please find below the C19 update, which can be shared more widely.

SCC STATEMENT 27/07/2020

Please remember to **STAY ALERT, CONTROL THE VIRUS, SAVE LIVES**

With best wishes,

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Current UK Alert Level: 3

On 19/06/2020 [update from the UK Chief Medical Officers on the UK alert level](#) confirmed that the UK COVID-19 alert level has been lowered from risk level 4 to risk level 3. It does not mean that the pandemic is over. The virus is still in general circulation, and localised outbreaks are likely to occur. Therefore, we all need to follow current infection prevention guidance and messages.

Please note the Government's messaging is '*stay alert, control the virus, save lives*' (previously '*stay at home, protect the NHS, save lives*')

COVID Alert Levels	
Level	Description
5	As level 4 and there is a material risk of healthcare services being overwhelmed
4	A COVID-19 epidemic is in general circulation; transmission is high or rising exponentially
3	A COVID-19 epidemic is in general circulation
2	COVID-19 is present in the UK, but the number of cases and transmission is low
1	COVID-19 is not known to be present in the UK

 

Current UK Situation

- As of 4pm on 26th July: 299,426 people have tested positive for COVID-19 in the UK (pillar 1 and pillar 2 testing). Of those who tested positive for COVID-19 in the UK, 45,752 have died across all settings. You can view the latest UK dashboard and cases by local authority [here](#).
- Confirmed cases in Suffolk are broken down by Districts & Boroughs as follows.
- From 2 July, the number of lab-confirmed positive cases now includes those identified by testing in all settings (pillars 1 and 2). Pillar 2 refers to tests in commercial labs working in partnership with the NHS. Previously, only Pillar 1 confirmed cases were included (tests completed in NHS labs). **Due to this change many cases previously not attributed to any area are now included in area totals. This is not a recent surge in cases – the cases now being reported occurred from April onwards. As the quality of this data continues to improve, these numbers may continue to fluctuate over time, but overall, case numbers and case rates in Suffolk remain low compared to the East of England and England as a whole.**
- **Compared to the previous briefing (24 July 2020) the number of cases has increased by 12. These cases were all added within the last two weeks. These numbers are depicted in the two additional columns shaded in grey below**

These columns may help in interpreting the data, they will only be calculated for Suffolk.

Area	Cumulative cases	Rate per 100,000 residents	New or removed cases added since previous briefing:	Are these added cases more than 2 weeks old?
Ipswich	706	513.3 per 100,000 residents	+4	No
East Suffolk	878	353.7 per 100,000 residents	+4	No
Mid Suffolk	326	318.1 per 100,000 residents	+1	No
Babergh	263	287.7 per 100,000 residents	+1	No
West Suffolk	486	271.7 per 100,000 residents	+2	No
Suffolk	2,659	350.5 per 100,000 residents	+12	No
East of England	24,521	395.4 per 100,000 residents		
England	257,859	460.7 per 100,000 residents		

COVID-19 related news from [GOV.UK](#)

- [The Queen praises FCO staff for COVID-19 work at virtual visit](#): Her Majesty the Queen paid a virtual visit to the Foreign and Commonwealth Office to hear about FCO Covid-19 response and to join a portrait unveiling.
- [Spain removed from travel corridors exemption list](#): Travellers arriving in England, Wales, Scotland or Northern Ireland from Spain on or after 26 July 2020 will need to self-isolate.

Other COVID-19 related news

- [Supporting staff to return to the workplace](#): The government recently announced the intention to pause shielding for clinically extremely vulnerable people from 1 August 2020. Until government guidance is updated on 1 August, employers should continue to support their staff to shield, or to work from home where possible, as per [government guidance](#) and follow [shielding pay guidance](#) until further notice.
- [Testing Times: An ethical framework and practical recommendations for COVID-19 testing for NHS workers](#): Recommendations call for explicit acknowledgement of the limitations of the current test and appropriate caution about using results for decision-making.

- [9 essential steps for planning a family trip during COVID 19](#): Some steps that families can take before planning a trip are checking the travel restrictions, checking with your doctor, knowing everyone's risk status, avoiding hotspots and many more.
- [California, hailed for its early coronavirus response, now has the US's highest case total. Here's what went wrong.](#) Even though California was one of the first state in the USA to issues a stay at home warning it now has the largest number of cases. Experts say this is due to the early relaxation of lockdown measures and the inability to control local outbreaks that occurred in prisons and farmworkers. The state also struggled to enforce the use of masks and social distancing guidelines in restaurants in southern counties.

BBC Health

- [Coronavirus: How bad will winter really be?](#) Predicting what a Covid winter will look like is complex and uncertainty reigns - there are reasons both to be worried and to be reassured.
- [Coronavirus doctor's diary: Will vaccine sceptics make trials a headache?](#) As large-scale trials of Covid-19 vaccines, already under way in some place and about to start in others, researchers find it worrying that anti-vax conspiracy theories seem to have flourished in this pandemic.
- [Coronavirus: Spain says outbreaks under control after UK orders quarantine:](#) The Foreign Minister of Spain has said that Spain is safe for both Spaniards and tourists.
- [Coronavirus: UK brings back 14-day quarantine for Spain:](#) The government announced that travellers returning from Spain after midnight 25 July will have to quarantine for 14 days. This came after 900 new cases were recorded in Spain on Friday alone.

BBC Global Picture

- [Live global updates:](#)
 - The total number of confirmed Covid-19 cases reaches more than 16 million - up by a million in just four days
 - A doctor who diagnosed early infections in China says local officials covered up the scale of the initial outbreak
 - Clusters in China lead to 61 new cases recorded on Monday - the highest daily figure since April
 - Australia also records its biggest daily spike, with more than 530 new cases in Victoria state
 - Vietnam has closed the city of Da Nang to tourists after four new locally transmitted coronavirus were recorded - the country's first since April.
- [India Covid-19: Bihar braces for 'coronavirus storm'](#) : “We did not plan at the scale we had to” said the secretary of the Indian Medical association in Bihar.
- [Coronavirus in South Africa: Why the low fatality rate may be misleading:](#) South African researchers have shown significant under-reporting of fatalities and an underlying fear of going to hospitals.

Suffolk

PPE disposal: Local councils in Suffolk are reminding residents that all used PPE such as face masks and gloves should be disposed of in your black bin, or a litter bin if you're outside - DO NOT put it in your recycling bin.

Chamber of Commerce Support: The Suffolk Chamber of Commerce are here to support businesses through these uncertain times. Check out the latest news, updates & support resources [here](#)

Key National Guidance updates

The existing guidance is being updated extremely regularly so please check any guidance relevant to your area to ensure that you are accessing the most up to date version. We are not including in this table all the published material but some of the key guidance that would be relevant to Suffolk County Council and our partners.

	Title	Who For	Comments
NEW	Guidance on making wills using video-conferencing	People making wills	The legislation will apply to all wills made during the COVID pandemic from 31 January 2020 and for up to 2 years. This guidance describes when this <i>must</i> be used and <i>should</i> be used
UPDATED	Coronavirus outbreak FAQs: what you can and can't do	Everyone	From 24 July masks are required in shops and supermarkets From 25 July sports facilities, indoor gyms, swimming pools and water parks can open From 1 August employers have more discretion on how people can work safely From 1 September schools, nurseries and colleges will open From 1 October, if the prevalence remains low, stadiums will be open to audiences
UPDATED	Staying alert and safe	Everyone	This document has guidance on how to protect different groups of people, meeting families, returning to school, visiting public spaces and for clinically vulnerable people
UPDATED	Coronavirus (COVID-19): safer transport guidance for operators	Transport operators and organisations	This also includes access to toilet and washing facilities for drivers making deliveries
UPDATED	Coronavirus (COVID-19): safer travel guidance for passengers	Everyone	This document has guidance on walking, cycling, and travelling in vehicles or on public transport during the coronavirus outbreak.

			Not wearing a face covering in the settings specified in the document may result a fine in £100-£150 to be paid within 14 days.
UPDATED	Get a discount with the Eat Out to Help Out Scheme	Everyone	From 3 to 31 August get a 50% discount when you eat at restaurants registered with the scheme, every Monday, Tuesday, and Wednesday
UPDATED	Keeping court and tribunal buildings safe, secure and clean	To everyone attending a court or tribunal during the pandemic	This document describes the security, cleaning, and social distancing arrangements in courts and tribunal buildings
UPDATED	Coronavirus (COVID-19): countries and territories exempt from advice against 'all but essential' international travel	Everyone	No travel is risk free, disruption is still possible, read the coronavirus travel guidance to make sure you are prepared for your travel This guidance contains the list of countries and territories exempt from the advice against "all but essential" international travel

Useful Websites

	Title	Who For	Comments
1	NHS - COVID-19 go-to page	General Public	
2	GOV.UK – COVID-19 homepage	Main cover webpage for all government guidance for public & professionals alike	
3	Coronavirus (COVID-19): guidance	Main collection of guidance for anyone in any setting	Guidance includes: - Guidance for the public (incl. social distancing and shielding) - Guidance for non-clinical settings (incl. cleaning, educational settings,

			<p>employees, employers, businesses, residential care, supported living and home care)</p> <ul style="list-style-type: none"> - Guidance for health professionals - Infection prevention and control (incl. PPE) - Sampling and diagnostics
4	Heatwave Plan for England	Professionals	
5	<p>Mental health support and advice from:</p> <ul style="list-style-type: none"> • WHO • mentalhealth.org.uk • Ipswich & East CCG • Living Life To The Full • NHS Practitioner Wellbeing • Samaritans 	General public, staff and carers	
6	<p>Chronic disease self-care during COVID-19:</p> <ul style="list-style-type: none"> • Asthma • Diabetes 	General public	
7	European Centre for Disease Prevention and Control (ECDC) COVID-19 homepage	Professionals	
8	Oxford COVID-19 Government Response Tracker	Professionals	<p>The tracker compares worldwide government responses to the coronavirus rigorously and consistently. The Oxford team collects information on common policy responses, scores the stringency of such measures, and aggregates these into a Stringency Index.</p>

Local Resources:

Below are any local resources that would be relevant to Suffolk County Council and our partners.

	Title	Who For	Comments
	Public Health Suffolk's COVID19 RADAR (Research Action Digest And Review)	Professionals	Weekly summary of COVID-19 related research evidence that is relevant to the Suffolk system, makes recommendations for consideration, and aims to ensure research evidence is rapidly disseminated and turned into local action.
	Public Health Suffolk's Coronawatch Dashboard	Everyone	Access to national and local data including confirmed cases of coronavirus (COVID-19), deaths from coronavirus, Care home outbreaks and Google social mobility data from the dashboard along with a series of briefings which have been produced on related topics, all from publicly available sources.
	Mobile Testing Units in Suffolk	Everyone	It is important that anyone with coronavirus symptoms gets tested. Mobile testing units are mobilised by the Ministry of Defence and regularly appear across Suffolk. Please share details of the testing sites with your local community – see under Where can I get tested in Suffolk?
	Support from the Suffolk Growth Programme Board (SGPB)	Everyone	SGPB is a partnership of all Suffolk local authorities, Suffolk Chamber of Commerce, University of Suffolk and New Anglia LEP. In Suffolk our Economy & business recovery work for COVID-19 is being led by SGPB and the website includes links to funding / surveys / economic impact work. Please do pass this information on to your contacts.
	Suffolk Domestic Abuse 24/7 Helpline – Freephone 0800 977 5690	Everyone	The freephone number is live from 9am on Friday 22nd May 2020 for anyone with concerns including professionals who may be supporting clients as well as friends and family members who are concerned for loved ones.
	New Anglia: Employment Opportunities in Key Sectors in Norfolk and Suffolk	Individuals and Businesses wanting to know what employment opportunities are available in some of our key sectors	The New Anglia LEP - alongside other partners including local authorities - have pulled together lists and links to key employment roles needed now as part of the response to the current crisis.
	Suffolk Safeguarding Partnership	Everyone	The website aims to help everyone understand the signs of neglect or abuse and what to do if they are

			worried about a child or an adult.
	NEW ANGLIA GROWTH HUB	Businesses needing support	A one stop shop source of information for government support and guidance available to businesses including 121 business advice sources of business grants and loans.
	Healthy Suffolk: COVID-19 Emotional Wellbeing, Mental Health and Learning Disabilities Information Hub	Everyone	This page contains links to a wealth of resources and support for your health and wellbeing.
	Suffolk County Council: Coronavirus information	Everyone	Suffolk County Council coronavirus (COVID-19) information, including health advice, service changes, business support and schools guidance.
	Keep Moving Suffolk	Everyone	The website contains free resources, ideas, tips, useful links and positive stories to encourage people to stay active during these unprecedented times. The website and our social channels will be constantly updated.

Global: WHO Situation Report – reports available [here](#)

- [WHO Covid-19 Dashboard](#) for professionals using near real time data.
- [GOARN COVID-19 Knowledge hub](#) - central repository of quality public health information, guidance, tools and webinars which can be accessed freely at any point.

Situation in Numbers WHO SitRep 188, 26 July

Situation in numbers (by WHO Region)

Total (new cases in last 24 hours)

Globally	15 785 641 cases (200 625)	640 016 deaths (4 823)
Africa	696 207 cases (16 245)	11 708 deaths (368)
Americas	8 385 810 cases (93 499)	332 589 deaths (2 890)
Eastern Mediterranean	1 469 979 cases (13 614)	37 482 deaths (432)
Europe	3 216 335 cases (20 287)	210 261 deaths (311)
South-East Asia	1 732 248 cases (53 254)	39 786 deaths (793)
Western Pacific	284 321 cases (3 726)	8 177 deaths (29)