

Dear all

Please find below the daily C19 update, which can be shared more widely.

Please remember to **STAY ALERT, CONTROL THE VIRUS, SAVE LIVES**

With best wishes,

Matthew Hicks
Leader, Suffolk County Council

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Current UK Alert Level: 3

On 19/06/2020 [update from the UK Chief Medical Officers on the UK alert level](#) confirmed that the UK COVID-19 alert level has been lowered from risk level 4 to risk level 3. It does not mean that the pandemic is over. The virus is still in general circulation, and localised outbreaks are likely to occur. Therefore we all need to follow current infection prevention guidance and messages.

Please note the Government's messaging is '*stay alert, control the virus, save lives*' (previously '*stay at home, protect the NHS, save lives*')

COVID Alert Levels

Level	Description
5	As level 4 and there is a material risk of healthcare services being overwhelmed
4	A COVID-19 epidemic is in general circulation; transmission is high or rising exponentially
3	A COVID-19 epidemic is in general circulation
2	COVID-19 is present in the UK, but the number of cases and transmission is low
1	COVID-19 is not known to be present in the UK

HM Government

STAY ALERT · CONTROL THE VIRUS · SAVE LIVES

Current UK Situation

- As of 4pm on 23rd July: 297,146 people have tested positive for COVID-19 in the UK (pillar 1 and pillar 2 testing). Of those who tested positive for COVID-19 in the UK, 45,554 have died across all settings. You can view the latest UK dashboard and cases by local authority [here](#).
- Confirmed cases in Suffolk are broken down by Districts & Boroughs as follows.
- From 2 July, the number of lab-confirmed positive cases now includes those identified by testing in all settings (pillars 1 and 2). Pillar 2 refers to tests in commercial labs working in partnership with the NHS. Previously, only Pillar 1 confirmed cases were included (tests completed in NHS labs). **Due to this change many cases previously not attributed to any area are now included in area totals. This is not a recent surge in cases – the cases now being reported occurred from April onwards. As this quality of this data continues to improve, these numbers may continue to fluctuate over time, but overall, case numbers and case rates in Suffolk remain low compared to the East of England and England as a whole.**
- Compared to the previous briefing (22 July 2020) the number of cases has increased by 6; 4 of these cases were added in the last two weeks, and 2 are historical confirmed cases. These numbers are depicted in the two additional columns shaded in grey below.**

			These columns may help in interpreting the data. They will only be calculated for Suffolk.	
Area	Cumulative cases	Rate per 100,000 residents	New or removed cases added since previous briefing:	Are these added cases more than 2 weeks old?

Ipswich	702	510.4 per 100,000 residents	+2	Yes
East Suffolk	874	352.1 per 100,000 residents	+2	No
Mid Suffolk	325	317.1 per 100,000 residents		
Babergh	262	286.6 per 100,000 residents	+1	No
West Suffolk	484	270.6 per 100,000 residents	+1	No
Suffolk	2,647	349.0 per 100,000 residents	+6	2 of the 6 cases are more than 2 weeks old
East of England	24,337	392.5 per 100,000 residents		
England	255,740	456.9 per 100,000 residents		

COVID-19 related news from GOV.UK

- [Face coverings mandatory in shops, supermarkets, shopping centres and enclosed transport hubs from Friday](#): Face coverings must be worn in additional enclosed public spaces from 24 July in England, as the government takes further steps to help curb the spread of the virus.
- [Most comprehensive flu programme in UK history will be rolled out this winter](#): Providers will work to vaccinate more than 30 million people during this flu season – millions more than received it last year, including people aged 50 to 64 later in the year, households of those on the shielded patient list eligible for free flu vaccination, and the first year of secondary schools.

Other COVID-19 related news

BBC Health

- [Coronavirus prompts PM into obesity crack down](#): The prime minister is set to announce new measures to curb obesity next week, amid growing evidence people who are overweight or obese are at greater risk from coronavirus.
- [Mothers 'unlikely to infect newborns'](#): Women who have Covid-19 are unlikely to pass on the infection to their babies during childbirth if precautions are in place, a small study of 120 babies born at three hospitals in New York suggests. None tested positive for the disease after being born to infected mothers.
- [Walk-in centres 'to help cope with winter'](#): A network of coronavirus-testing walk-in centres is to be set up across England by the end of October in an attempt to persuade more people to come forward for testing in time for winter, when there is concern cases could start to rise.

BBC Global Picture

- [Live global updates](#):
 - India records 49,310 new infections - its highest daily number of cases
 - President Trump cancels the Republican convention in Florida, blaming the virus "flare-up"
 - Cases in the US pass four million with at least 144,000 deaths
 - All major international tennis tournaments have been cancelled in China
 - Globally there have been more than 15.4m cases and almost 632,000 deaths

Suffolk

Face coverings: From today (24 July) you must wear a face covering on public transport and in shops. A face covering needs to safely cover your nose and mouth in order to be effective. You can buy reusable or single-use face coverings. You may also use a scarf, bandana, religious garment or hand-made cloth covering but these must securely fit round the side of the face. [Click here](#) for more information.

Free cycling training: As part of SCC’s scheme to make it easier for people to walk and cycle we are delivering free cycle sessions. The sessions are for families who want to cycle more regularly, whether to keep fit, to commute to work or school, or to go and visit friends! We can work with you to support your efforts by making sure that your riding skills are refreshed, and you have strategies for dealing with road situations that might concern you. [Click here](#) for more information

SEND Update: Read the latest Special Educational Needs update for parents and carers about what we’re doing to implement Suffolk’s SEND Strategy and what support is available during the Coronavirus COVID-19 pandemic. [Click here](#)

Coronavirus cases within care home settings: SCC will be reporting weekly on the number of suspected or confirmed cases within Suffolk care home settings, that Suffolk County Council has been made aware of. Below is a table showing the number of providers affected and the number of suspected and confirmed cases since reporting began on 21/04/2020. These figures are listed on area basis and will not include the details of any specific care homes. These figures include care homes, extra care housing and supported housing. As a notifiable disease, care homes are required to report any potential or confirmed cases of Coronavirus to Public Health England (PHE) in order that this can be captured as part of the national reporting processes and also for PHE to provide advice and guidance on infection control. Care providers are under no obligation to report suspected or confirmed cases to the county council.

05/05/2020		12/05/2020		19/05/2020		26/05/2020		02/06/2020		09/06/2020		
Providers affected	Suspected and confirmed Cases	Providers affected	Suspected and confirmed cases	Providers affected	Suspected and confirmed cases	Providers affected	Suspected and confirmed cases	Providers affected	Suspected and confirmed cases	Providers affected	Suspected and confirmed cases	
Ipswich and East Suffolk	54	259	47	216	38	199	30	136	31	119	27	110
West Suffolk	17	113	20	115	19	82	17	73	11	51	10	26
Waveney	14	64	12	86	10	71	10	56	11	33	11	29
Total	85	436	79	417	67	352	57	265	53	203	48	165

16/06/2020		23/06/2020		30/06/2020		07/07/2020		14/07/2020		21/07/2020	
Providers affected	Suspected and confirmed cases										
22	70	17	54	12	38	10	27	11	28	6	7
9	15	9	16	10	16	7	12	5	6	5	6
7	24	4	22	1	6	1	6	0	0	1	1
38	109	30	92	23	60	23	45	16	34	12	14

The below data is sourced from the ONS data set for the number of deaths in care homes involving COVID-19 by date of notification to the Care Quality Commission, Local Authorities in England.

<https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/datasets/numberofdeathsincarehomesnotifiedtothecarequalitycommissionengland/2020>

Please note: CQC has undertaken data quality improvement in the processing of death notifications. This has resulted in changes to the figures that were previously published as follows:

1. Place of Death: Previously, there were some deaths which were in the "Not Stated" category. Following the improvement work, these have now been identified with a Place of Death. The largest impact has been in deaths in Care homes.
2. Covid-19 deaths: The data improvement work has identified additional Covid-19 deaths, which were previously categorised as not Covid deaths. To note, the overall published death figures remain unchanged.

Number of deaths involving COVID-19 occurring in care homes during the period 10 April - 17 July 2020.

	05.06.20	Change from last week	12.06.20	Change from last week	19.06.20	Change from last week	26.06.20	Change from last week	03.07.20	Change from last week	10.07.20	Change from last week	17.07.20	Change from last week
Suffolk	182	4+	187	5+	187	0	189	2+	192	3+	193	1+	194	1+
Norfolk	135	6+	143	8+	144	1+	145	1+	149	4+	151	2+	151	0+
Camb+ Peterborough	139	7+	146	7+	149	3+	152	3+	152	0+	156	4+	157	1+
Essex	267	15+	275	8+	281	6+	284	3+	287	3+	291	4+	293	2+

Hertfordshire	300	5+	304	4+	306	2+	311	5+	312	1+	313	1+	318	5+
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In Suffolk we are continuing to see a higher percentage of Covid-19 related deaths within care homes compared to some other areas. The reasons for this are complex, but factors we think are contributing to this are more people choosing to die in their usual place of residence and the high number of nursing beds that we have within care homes. These provide care for people with complex care needs who may be coming towards the end of their life and in Suffolk we have very good practices for providing end of life care.

What we are seeing is while Suffolk has a higher percentage of Covid-19 related deaths within care homes compared with some other areas, we also have a lower percentage of Covid-19 related deaths within hospitals than some other areas.

Dying within a care home setting is often reflective of a person's wish to remain in their usual place of residence, in comfortable surroundings with people around them who are familiar, as opposed to being within a hospital setting.

Suffolk's care homes continue to care for residents with the utmost professionalism and kindness. They are following national guidance regarding social distancing, hygiene standards and the correct use of Personal Protective Equipment (PPE). Testing is available for all care homes, for the entire home including staff and residents who are not displaying any symptoms. With more testing taking place, infection control and prevention measures can be more effective.

Key National Guidance updates

The existing guidance is being updated extremely regularly so please check any guidance relevant to your area to ensure that you are accessing the most up to date version. We are not including in this table all the published material but some of the key guidance that would be relevant to Suffolk County Council and our partners.

	Title	Who For	Comments
UPDATED	Our plan to rebuild: The UK Government's COVID-19 recovery strategy	Everyone	Addition of 'The next chapter in our plan to rebuild: The UK Government's COVID-19 recovery strategy' easy read and Welsh language versions.
UPDATED	COVID-19 and renting: guidance for landlords, tenants and local authorities	Landlords, tenants, local authorities	Guidance updated to reflect changes to wider government and public health advice.
UPDATED	NHS Test and Trace statistics (England): methodology	Professionals	The methodology has been updated to include details of the new breakdowns in this week's release. These include pillar 1 turnaround times, the number of household close contacts, and the time taken for contacts to be reached

			from the time that the positive case that referred them is transferred to the contact-tracing system. Also included are more details about what a close contact is and how these figures can be used.
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Useful Websites

	Title	Who For	Comments
1	NHS - COVID-19 go-to page	General Public	
2	GOV.UK – COVID-19 homepage	Main cover webpage for all government guidance for public & professionals alike	
3	Coronavirus (COVID-19): guidance	Main collection of guidance for anyone in any setting	Guidance includes: - Guidance for the public (incl. social distancing and shielding) - Guidance for non-clinical settings (incl. cleaning, educational settings, employees, employers, businesses, residential care, supported living and home care) - Guidance for health professionals - Infection prevention and control (incl. PPE) - Sampling and diagnostics
4	Heatwave Plan for England	Professionals	
5	Mental health support and advice from:	General public, staff and carers	

	<ul style="list-style-type: none"> • WHO • mentalhealth.org.uk • Ipswich & East CCG • Living Life To The Full • NHS Practitioner Wellbeing • Samaritans 		
6	<p>Chronic disease self- care during COVID-19:</p> <ul style="list-style-type: none"> • Asthma • Diabetes 	General public	
7	European Centre for Disease Prevention and Control (ECDC) COVID-19 homepage	Professionals	
8	Oxford COVID-19 Government Response Tracker	Professionals	The tracker compares worldwide government responses to the coronavirus rigorously and consistently. The Oxford team collects information on common policy responses, scores the stringency of such measures, and aggregates these into a Stringency Index.

Local Resources:

Below are any local resources that would be relevant to Suffolk County Council and our partners.

	Title	Who For	Comments
	Public Health Suffolk's COVID19 RADAR (Research Action Digest And Review)	Professionals	Weekly summary of COVID-19 related research evidence that is relevant to the Suffolk system, makes recommendations for consideration, and

			aims to ensure research evidence is rapidly disseminated and turned into local action.
	Public Health Suffolk's Coronawatch Dashboard	Everyone	Access to national and local data including confirmed cases of coronavirus (COVID-19), deaths from coronavirus, Care home outbreaks and Google social mobility data from the dashboard along with a series of briefings which have been produced on related topics, all from publicly available sources.
	Mobile Testing Units in Suffolk	Everyone	It is important that anyone with coronavirus symptoms gets tested. Mobile testing units are mobilised by the Ministry of Defence and regularly appear across Suffolk. Please share details of the testing sites with your local community – see under Where can I get tested in Suffolk?
	Support from the Suffolk Growth Programme Board (SGPB)	Everyone	SGPB is a partnership of all Suffolk local authorities, Suffolk Chamber of Commerce, University of Suffolk and New Anglia LEP. In Suffolk our Economy & business recovery work for COVID-19 is being led by SGPB and the website includes links to funding / surveys / economic impact work. Please do pass this information on to your contacts.
	Suffolk Domestic Abuse 24/7 Helpline – Freephone 0800 977 5690	Everyone	The freephone number is live from 9am on Friday 22nd May 2020 for anyone with concerns including professionals who may be supporting clients as well as friends and family members who are concerned for loved ones.
	New Anglia: Employment Opportunities in Key Sectors in Norfolk and Suffolk	Individuals and Businesses wanting to know what employment opportunities	The New Anglia LEP - alongside other partners including local authorities - have pulled together lists and links to key employment roles needed now as part of the response to the current crisis.

		are available in some of our key sectors	
	Suffolk Safeguarding Partnership	Everyone	The website aims to help everyone understand the signs of neglect or abuse and what to do if they are worried about a child or an adult.
	NEW ANGLIA GROWTH HUB	Businesses needing support	A one stop shop source of information for government support and guidance available to businesses including 121 business advice sources of business grants and loans.
	Healthy Suffolk: COVID-19 Emotional Wellbeing, Mental Health and Learning Disabilities Information Hub	Everyone	This page contains links to a wealth of resources and support for your health and wellbeing.
	Suffolk County Council: Coronavirus information	Everyone	Suffolk County Council coronavirus (COVID-19) information, including health advice, service changes, business support and schools guidance.
	Keep Moving Suffolk	Everyone	The website contains free resources, ideas, tips, useful links and positive stories to encourage people to stay active during these unprecedented times. The website and our social channels will be constantly updated.

Global: WHO Situation Report – reports available [here](#)

- [WHO Covid-19 Dashboard](#) for professionals using near real time data.
- [GOARN COVID-19 Knowledge hub](#) - central repository of quality public health information, guidance, tools and webinars which can be accessed freely at any point.

Situation in Numbers WHO SitRep 185, 23 July

Situation in numbers (by WHO Region)

Total (new cases in last 24 hours)

Globally	15 012 731 cases (247 225)	619 150 deaths (7 097)
Africa	642 387 cases (18 536)	10 789 deaths (632)
Americas	7 948 513 cases (137 386)	317 962 deaths (4 153)
Eastern Mediterranean	1 429 084 cases (14 622)	36 118 deaths (490)
Europe	3 147 860 cases (22 909)	208 970 deaths (501)
South-East Asia	1 571 317 cases (50 537)	37 203 deaths (1 312)
Western Pacific	272 829 cases (3 235)	8 095 deaths (9)

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