

Please find below the C19 update, which can be shared more widely.

SCC DAILY STATEMENT 11/09/2020

Testing update in Suffolk – from Stuart Keeble, Director of Public Health Suffolk: There is currently a high national demand for testing. As a result, Suffolk residents may experience difficulty in securing a test. Given this current situation, **the latest guidance regarding testing in Suffolk is here, in the form of key FAQs**. This is hopefully helpful for your understanding and for answering any queries you may get.

Covid-19 testing in Suffolk

UPDATE 11 September 2020 from Stuart Keeble, Director of Public Health Suffolk

Correct as of 11 September 2020

There is currently a high national demand for testing. As a result, Suffolk residents may experience difficulty in securing a test. Given this current situation, here is the latest guidance regarding testing in Suffolk. We have pulled together this FAQ which may be helpful for your understanding and for answering any queries you may get.

Who should get tested?

Government advises that only people with symptoms of Covid-19 should book a test. These symptoms are a high temperature, a new continuous cough or a loss or change to your sense of smell or taste.

When do I need to get tested?

You must get tested in within 5 days of first experiencing Covid-19 symptoms. If you have difficulty getting a test on Day 1, or the location or time offered are not convenient, be patient and try again a few hours later or the next day. More tests are made available throughout the day at www.nhs.uk or by calling NHS 119.

When do I need to self-isolate?

As soon as you experience Covid-19 symptoms you must book a test within 5 days and self-isolate. This means that you and anyone you live with must stay at home until you get your result. Anyone in your support bubble must also stay at home.

How can I get tested in Suffolk?

For those with symptoms of Covid-19, there are three ways to get tested:

1. Via www.nhs.uk or calling NHS 119, book an appointment at the Regional Testing Site at Copdock, near Ipswich
2. Via www.nhs.uk or calling NHS 119, book an appointment at a Mobile Testing Unit, there are a number of sites across Suffolk which can be found at www.suffolk.gov.uk/testing
3. Request a Home Testing Kit, delivered to your home

What happens if I can't get a test?

If you have difficulty getting a test on Day 1 of having Covid-19 symptoms, or the location or time are not convenient, be patient and try again a few hours later or the next day. You must get tested in within 5 days of first experiencing Covid-19 symptoms. More tests are made available

throughout the day at www.nhs.uk or by calling NHS 119. Public Health Suffolk is currently working with partners and the Suffolk Health Protection Board to explore how we can increase testing capacity, particularly for key workers.

Do I need make an appointment to get a test?

Yes. Only people with pre-booked appointments will be accepted at the Regional Testing Centre or a Mobile Testing Unit. However, if you have requested a Home Testing Kit, this will be delivered to your nominated address for you to complete at home.

Please remember to **STAY ALERT, CONTROL THE VIRUS, SAVE LIVES**

With best wishes,

Matthew Hicks
Leader, Suffolk County Council

Nicola Beach
Chief Executive, Suffolk County Council

Stuart Keeble
Director of Public Health, Suffolk County Council




Current UK Alert Level: 3

On 19/06/2020 update from the UK Chief Medical Officers on the UK alert level confirmed that the UK COVID-19 alert level has been lowered from risk level 4 to risk level 3. It does not mean that the pandemic is over. The virus is still in general circulation, and localised outbreaks are likely to occur. Therefore, we all need to follow current infection prevention guidance and messages.

Please note the Government's messaging is '*stay alert, control the virus, save lives*' (previously '*stay at home, protect the NHS, save lives*')

COVID Alert Levels	
Level	Description
5	As level 4 and there is a material risk of healthcare services being overwhelmed
4	A COVID-19 epidemic is in general circulation; transmission is high or rising exponentially
3	A COVID-19 epidemic is in general circulation
2	COVID-19 is present in the UK, but the number of cases and transmission is low
1	COVID-19 is not known to be present in the UK

Current UK Situation

- As of 4.11pm on 10th September: 358,138 people have tested positive for COVID-19 in the UK (pillar 1 and pillar 2 testing). Of those who tested positive for COVID-19 in the UK, 41,608 have died (within 28 days of positive test) across all settings. You can view the latest UK dashboard and cases by local authority [here](#).

- Confirmed cases in Suffolk are broken down by Districts & Boroughs as follows.
- From 2 July, the number of lab-confirmed positive cases now includes those identified by testing in all settings (pillars 1 and 2). Pillar 2 refers to tests in commercial labs working in partnership with the NHS. Previously, only Pillar 1 confirmed cases were included (tests completed in NHS labs). Due to this change many cases previously not attributed to any area are now included in area totals. This is not a recent surge in cases – the cases now being reported occurred from April onwards. As the quality of this data continues to improve, these numbers may continue to fluctuate over time, but overall, case numbers and case rates in Suffolk remain low compared to the East of England and England as a whole.

Area	Cumulative cases	Rate per 100,000 residents (2019 mid-year estimates)
Ipswich	742	541.9 per 100,000 residents
East Suffolk	932	373.6 per 100,000 residents
Mid Suffolk	362	348.4 per 100,000 residents
Babergh	294	319.4 per 100,000 residents
West Suffolk	565	315.6 per 100,000 residents
Suffolk	2,895	380.2 per 100,000 residents
East of England	27,793	445.7 per 100,000 residents
England	309,133	549.2 per 100,000 residents

COVID-19 related news from [GOV.UK](#)

- [Portugal, Hungary, French Polynesia and Réunion to be removed from travel corridors list](#): People arriving in England from these destinations from 4am Saturday 12 September 2020 will need to self-isolate for 2 weeks.
- [NHS Test and Trace statistics for 27 August to 2 September released](#): Latest figures show that 82.7% of people who tested positive and were transferred to the contact-tracing system were reached and asked to provide information about their contacts.
- [Update on new social distancing rules](#): Health and Social Care Secretary Matt Hancock spoke about new social distancing rules to prevent the spread of coronavirus.
- [Venues required by law to record contact details](#): Premises and venues across England must have a system in place to record contact details of their customers, visitors and staff in the latest move to break the chains of transmission of coronavirus.

BBC Health:

- [Coronavirus: Hospital admissions rise in hotspot areas](#): Hospital admissions of patients with coronavirus in a health board covering the south Wales valleys have doubled in the last week.

- [Contraceptive services 'even worse' after coronavirus](#): The coronavirus pandemic has made a "difficult situation even worse" for women trying to access contraception, a group of MPs and peers has warned.
- [Coronavirus: Dumfries cluster involving healthcare settings identified](#): The coronavirus pandemic has made a "difficult situation even worse" for women trying to access contraception, a group of MPs and peers has warned.

BBC Global News:

- [BBC live global updates](#):
 - French authorities are meeting on Friday to decide on toughening measures to combat the virus
 - France's confirmed cases jumped 9,843 on Thursday - the highest single-day count since the start of the outbreak
 - India has registered the world's highest-ever number of daily cases: 96,000
 - The number of confirmed coronavirus cases worldwide has topped 28 million, with more than 900,000 deaths

Suffolk

Testing update in Suffolk – from Stuart Keeble, Director of Public Health Suffolk: There is currently a high national demand for testing. As a result, Suffolk residents may experience difficulty in securing a test. Given this current situation, the latest guidance regarding testing in Suffolk is attached in the form of key FAQs. This is hopefully helpful for your understanding and for answering any queries you may get.

Browsing returns to Suffolk’s libraries in September: Suffolk Libraries has announced that browsing is returning to libraries during September. This is the latest step in the careful reintroduction of services in Suffolk’s libraries. Around half of libraries have reintroduced browsing already, with one-way systems in place and limitations on the number of customers allowed in library buildings in any one time. Libraries are now offering PC access and printing/copying and the aim is for all of them to offer browsing by the end of September. More information available here: [Browsing returns to libraries](#)

Key National Guidance updates

	Title	Who For	Comments
UPDATED	Overview of adult social care guidance on coronavirus (COVID-19)	Everyone	Information for adult social care providers on COVID-19 guidance and support.
UPDATED13	Actions for early years and childcare providers during the coronavirus (COVID-19) outbreak	Childcare providers	What childcare services early years settings, childminders and local authorities need to

			provide during the coronavirus (COVID-19) outbreak.
UPDATED3	Actions for schools during the coronavirus outbreak	Education providers, schools	What all schools will need to do during the coronavirus (COVID-19) outbreak from the start of the autumn term.
UPDATED	Coronavirus (COVID-19): countries and territories exempt from advice against 'all but essential' international travel	Everyone	The FCDO has a global advisory against 'all but essential' travel, but exempts destinations that no longer pose an unacceptably high risk for British travellers.
UPDATED	Coronavirus (COVID-19): travel corridors	Everyone	List of countries, territories and regions from where you can travel to England and may not have to self-isolate.
UPDATED	COVID-19: guidance for food businesses	Food business's	Advice for food businesses in response to the coronavirus (COVID-19) outbreak in the UK.
UPDATED4	Coronavirus (COVID-19): testing guidance for employers	employers	Guidance for employers and third-party healthcare providers on the regulations and legal obligations of running testing programmes.
UPDATED	Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person	Everyone	Guidance for contacts of a person with a positive test result for coronavirus (COVID-19) who do not live with that person.
UPDATED	COVID-19: guidance for households with possible coronavirus infection	Everyone	Stay at home guidance for households with possible coronavirus (COVID-19) infection.

Useful Websites

	Title	Who For	Comments
1	NHS – Your COVID Recovery	General Public	Your COVID Recovery helps you to understand what has happened and what you might expect as part of your recovery.
2	NHS - COVID-19 go-to page	General Public	
3	GOV.UK – COVID-19 homepage	Main cover webpage for all government guidance for public & professionals alike	
4	Coronavirus (COVID-19): guidance	Main collection of guidance for anyone in any setting	Guidance includes: <ul style="list-style-type: none">- Guidance for the public (incl. social distancing and shielding)- Guidance for non-clinical settings (incl. cleaning, educational settings, employees, employers, businesses, residential care, supported living and home care)- Guidance for health professionals- Infection prevention and control (incl. PPE)- Sampling and diagnostics
5	Mental health support and advice from: <ul style="list-style-type: none">· WHO	General public, staff and carers	

	<ul style="list-style-type: none"> · mentalhealth.org.uk · Ipswich & East CCG · Living Life To The Full · NHS Practitioner Wellbeing · Samaritans 		
6	<p>Chronic disease self- care during COVID-19:</p> <ul style="list-style-type: none"> • Asthma • Diabetes 	General public	
7	European Centre for Disease Prevention and Control (ECDC) COVID-19 homepage	Professionals	
8	Oxford COVID-19 Government Response Tracker	Professionals	The tracker compares worldwide government responses to the coronavirus rigorously and consistently. The Oxford team collects information on common policy responses, scores the stringency of such measures, and aggregates these into a Stringency Index.

Local Resources:

Below are any local resources that would be relevant to Suffolk County Council and our partners.

Title	Who For	Comments
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Public Health Suffolk's <u>COVID19 RADAR</u> (Research Action Digest And Review)	Professionals	Weekly summary of COVID-19 related research evidence that is relevant to the Suffolk system, makes recommendations for consideration, and aims to ensure research evidence is rapidly disseminated and turned into local action.
Public Health Suffolk's <u>Coronawatch Dashboard</u>	Everyone	Access to national and local data including confirmed cases of coronavirus (COVID-19), deaths from coronavirus, Care home outbreaks and Google social mobility data from the dashboard along with a series of briefings which have been produced on related topics, all from publicly available sources.
<u>Mobile Testing Units in Suffolk</u>	Everyone	It is important that anyone with coronavirus symptoms gets tested. Mobile testing units are commissioned by DHSC through G4S and regularly appear across Suffolk. Please share details of the testing sites with your local community – see under Where can I get tested in Suffolk?
<u>Support from the Suffolk Growth Programme Board (SGPB)</u>	Everyone	SGPB is a partnership of all Suffolk local authorities, Suffolk Chamber of Commerce, University of Suffolk and New Anglia LEP. In Suffolk our Economy & business recovery work for COVID-19 is being led by SGPB and the website includes links to funding / surveys / economic impact work. Please do pass this information on to your contacts.
<u>Suffolk Domestic Abuse 24/7 Helpline – Freephone 0800 977 5690</u>	Everyone	The freephone number is live from 9am on Friday 22nd May 2020 for anyone with concerns including professionals who may be supporting clients as well as friends and family members who are concerned for loved ones.
<u>New Anglia: Employment Opportunities in Key</u>	Individuals and	The New Anglia LEP - alongside other partners including local authorities - have

<u>Sectors in Norfolk and Suffolk</u>	Businesses wanting to know what employment opportunities are available in some of our key sectors	pulled together lists and links to key employment roles needed now as part of the response to the current crisis.
<u>Suffolk Safeguarding Partnership</u>	Everyone	The website aims to help everyone understand the signs of neglect or abuse and what to do if they are worried about a child or an adult.
<u>NEW ANGLIA GROWTH HUB</u>	Businesses needing support	A one stop shop source of information for government support and guidance available to businesses including 121 business advice sources of business grants and loans.
<u>Healthy Suffolk: COVID-19 Emotional Wellbeing, Mental Health and Learning Disabilities Information Hub</u>	Everyone	This page contains links to a wealth of resources and support for your health and wellbeing.
<u>Suffolk County Council: Coronavirus information</u>	Everyone	Suffolk County Council coronavirus (COVID-19) information, including health advice, service changes, business support and schools guidance.
<u>Keep Moving Suffolk</u>	Everyone	The website contains free resources, ideas, tips, useful links and positive stories to encourage people to stay active during these unprecedented times. The website and our social channels will be constantly updated.

Global: WHO Weekly Epidemiological Update – reports available [here](#)

- [WHO Covid-19 Dashboard](#) for professionals using **near real time data**.

- [GOARN COVID-19 Knowledge hub](#) - central repository of quality public health information, guidance, tools and webinars which can be accessed freely at any point

Table 1. Newly reported and cumulative COVID-19 confirmed cases and deaths, by WHO Region, data as of 6 September 2020**

WHO Region	New cases in last 7 days (%)	Change in new cases in last 7 days	Cumulative cases (%)	New deaths in last 7 days (%)	Change in new deaths in last 7 days*	Cumulative deaths (%)
Americas	862 478 (46%)	1%	14 001 390 (52%)	22 325 (59%)	-4%	484 079 (55%)
South-East Asia	616 795 (33%)	14%	4 689 943 (18%)	8 124 (22%)	4%	83 400 (10%)
Europe	247 125 (13%)	4%	4 475 267 (17%)	3 015 (8%)	9%	222 279 (25%)
Eastern Mediterranean	92 699 (5%)	6%	1 996 246 (8%)	2 244 (6%)	-1%	52 710 (6%)
Africa	38 639 (2%)	-12%	1 083 152 (4%)	1 207 (3%)	-14%	22 929 (3%)
Western Pacific	28 907 (2%)	-20%	516 478 (2%)	644 (2%)	-7%	11 206 (1%)
[†] Other	-	-	741 (<1%)	-	-	13 (<1%)
Global	1 886 643 (100%)	5%	26 763 217 (100%)	37 559 (100%)	-2%	876 616 (100%)

*Percent change in the number of newly confirmed cases/deaths in past seven days, compared to seven days prior.

**See data, table and figure notes

*** *This table is updated once weekly by WHO.*