

## SUPPLIERS DELIVERING FOOD AND OTHER ITEMS TO ASHFIELD

V9 21/04/2020

Changes to [sharpecd@gmail.com](mailto:sharpecd@gmail.com)

### "Meals on Wheels" / Takeaways delivering to Ashfield

Place	Business	Service	Phone	Email	Web	Social media	Info Date	Notes
Cretingham	Kingfishers Restaurant Community Kitchen	Deliver - complete meals for vulnerable persons	07809 220 666	<a href="mailto:kck@kingfisherscretingham.co.uk">kck@kingfisherscretingham.co.uk</a>	<a href="http://kckitchen.co.uk">kckitchen.co.uk</a>		31/03/2020	ONLY FOR THOSE IN NEED: Kingfishers are providing a Community kitchen (see below) and village shop service offering deliveries of staple food, veg boxes etc to those in need. See website / facebook for more information. Daily meals to vulnerable customers at a cost of £25 pw.
Debenham	Fish & Chip shop	Fish & Chips etc	01728 860883			<a href="https://facebook.com/DebenhamFishChipsShop">facebook.com/DebenhamFishChipsShop</a>	26/03/2020	"As of Thursday 26.03 we will be offering a delivery service between 5 and 8 for orders of over £10." Coverage includes Ashfield.
Framlingham	The Crown	Set meals - Lunchtime	01728 440522	<a href="mailto:frammealsonwheels@gmail.com">frammealsonwheels@gmail.com</a>		<a href="https://facebook.com/crownhotelfram/">facebook.com/crownhotelfram/</a>	26/03/2020	Not "officially" delivering to Ashfield, but perhaps if several people group together to place order for food and wine, this might be possible. Orders taken 9am to 1pm, need at least 24h notice. Delivered warm on microwaveable dishes, can be chilled and kept for up to 3 days. Menu below, latest info on Facebook.
Stonham Aspal	Bistro at the Barns	Veg boxes Ready meals Pizza	01449 711 257	<a href="mailto:info@bistroatthebarns.co.uk">info@bistroatthebarns.co.uk</a>	<a href="http://www.bistroatthebarns.co.uk/">www.bistroatthebarns.co.uk/</a>	<a href="https://facebook.com/bistroatthebarns">facebook.com/bistroatthebarns</a>	20/04/2020	Delivery is £2.50 within a 5-mile radius or free on orders over £30, your order may also include home essential items from our deli. Once a week delivery? TakeAway menu - below. Opening times Monday- Thursday 10am-4pm, Friday & Saturday 10am-9pm, Sunday 10am-4pm See Facebook for up-to-date information

### "Fresh food" delivering to Ashfield

Place	Business	Service	Phone	Email	Web	Social media	Info Date	Notes
Benhall	Railway Farm Shop	Veg Boxes	01728 605 793		<a href="http://www.railwayfarmshop.co.uk">www.railwayfarmshop.co.uk</a>	<a href="https://facebook.com/railwayfarmshop/">facebook.com/railwayfarmshop/</a>	25/03/2020	"We are only open for pre-ordered veg box collections (from the car park) and deliveries which will continue for the time being. We are receiving lots of requests for next week already, due to the volume of messages we are unable to answer and will not be taking orders until the weekend."
Debenham	A.W.Ward Greengrocer	Fresh fruit & veg	01728 860343			<a href="https://facebook.com/wawardgreengrocers/">facebook.com/wawardgreengrocers/</a>	20/04/2020	Delivering to Ashfield approx once a week. Please telephone your order. No credit cards, cash or cheque on delivery. Opening hours are mon/tue/sat 8am-1pm, wed/thurs/fri 8am-4.30pm
Earl Soham	Huttons	Fresh meat etc			<a href="http://johnhuttonbutcher.co.uk">johnhuttonbutcher.co.uk</a>		25/03/2020	"Doing deliveries" (TBC)
(East Anglia)	Anglia Produce	Fresh fruit			<a href="http://angliaproduce.com">angliaproduce.com</a>		25/03/2020	"These guys were offering various veg box offerings.."
Dennington	The Neathouse	Milk, bread, fruit&veg	01728 638 957	<a href="mailto:info@theneathouse.co.uk">info@theneathouse.co.uk</a>	<a href="http://dennington.suffolk.cloud/our-village/the-neathouse">dennington.suffolk.cloud/our-village/the-neathouse</a>	<a href="https://facebook.com/theneathouse">facebook.com/theneathouse</a>	27/03/2020	"She has very kindly offered to deliver anything you need" 48 Hours notice needed.

### Takeaway service only

Place	Business	Service	Phone	Email	Web	Social media	Info Date	Notes
Cretingham	Kingfishers Restaurant	Takeaway pizzas, burgers	01728 685 275	<a href="mailto:claire@kingfisherscretingham.co.uk">claire@kingfisherscretingham.co.uk</a>	<a href="http://kingfisherscretingham.co.uk/">kingfisherscretingham.co.uk/</a>	<a href="https://facebook.com/KingfishersCretingham">facebook.com/KingfishersCretingham</a>	21/04/2020	STOPPED. Takeaway - more information BELOW - Phone lines are open: Monday, Wednesday & Friday 8 - 12, take away open Thursday - Saturday 5 - 9pm -
Cretingham	The Bell	TakeAway meals	01728 685419			<a href="https://facebook.com/cretinghambell">facebook.com/cretinghambell</a>	20/04/2020	Friday is always Fish & Chips. Really popular, so orders needed by Wednesday. Menus for Tuesday and Saturday are published the preceding Monday on their Facebook page - again, orders needed the previous day.
Woodbridge	"Cook"	Frozen meals	01394 384 878		<a href="http://cookfood.net">cookfood.net</a>	<a href="https://facebook.com/thecookkitchen">facebook.com/thecookkitchen</a>	25/03/2020	No online orders, still accepting phone orders, delivery dates not known

### Other to note

Place	Business	Service	Phone	Web	Social media	Info Date	Notes
(web)	Amazon	Almost everything.	N/A	<a href="http://amazon.co.uk">amazon.co.uk</a>			smile.amazon.co.uk to contribute to charity
(web)	Alliance Online	Household items	N/A	<a href="http://allianceonline.co.uk">allianceonline.co.uk</a>		25/03/2020	25/03/2020 "These guys are wholesalers who will deliver loo rolls..if you fancied doing a bulk order as a village..."

**SUPPORTING INFORMATION FOLLOWS, PLEASE SCROLL DOWN.**

**Sandwich menu**

\*Choose from white or granary bread, complete with a bag of crisps

- Tuna Mayo
- Tuna, Mayo & Cucumber
- Tuna, Mayo & Sweetcorn
- Tuna, Mayo & Onion Ham
- Ham & Mustard
- Ham & Cheese
- Cheese (V)
- Cheese & Pickle (V)
- Cheese & Onion (V)
- Beef
- Beef & Mustard
- Beef & Horseradish
- Sausage & Pickle
- Chicken
- Chicken & Mayo
- Chicken & Bacon
- Chicken Salad
- Ham Salad
- Cheese Salad (V)
- Egg Mayonaise (V)
- (V) = Vegetarian

**HOUR COMMUNITY**

Order between 9 and 1 for next day delivery between 12 and 2

**Lunch £10**  
Main & Dessert delivered

**Supper £5**  
Sandwich, Soup and crisps\*

Please return your empty containers with your delivery driver next time you receive meals on wheels.

This will allow us to be kinder to the environment and keep us going for longer.



**The Crown Hotel**  
Meals on Wheels service

Call us on  
**01728 440522**

or email us at  
[frammealsonwheels@gmail.com](mailto:frammealsonwheels@gmail.com)

**Choose Main & Dessert for £10 delivered**

Available daily, freshly prepared seasonal selection. Order between 9 and 1 for next day delivery between 12 and 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main	Sausage & Mash	Steak & Ale Pie	Corned Beef Hash	Breaded Chicken	Pasta Bolognese	Chicken & Mushroom Pie	Beef Roast
	Mediterranean Chicken	Fish cakes	Chicken Tikka	Fish Pie	Fish in Parsley Sauce	Salmon Supreme	Chicken Roast
	Macaroni Cheese (V)	Three Bean Stew (V)	Cauliflower & Broccoli Bake (V)	Vegetable Risotto (V)	Chickpea & Potato Curry (V)	Vegetable Lasagne (V)	Nut Roast (V)
Dessert	Bakewell Tart	Lemon Tart	Mandarin Cheesecake	Lemon Sponge	Apple Pie	Lemon Mousse	Apple & Cinnamon Crumble
	Chocolate Brownie	Apple Crumble	Banoffee Gateau	Mixed Fruit Crumble	Fruits of the forest Cheesecake	Chocolate Fudge Gateau	Jam Roll Poly
	Bread & Butter pudding	Chocolate Mousse	Sticky Toffee Pudding	Strawberry Gateau	Chocolate Orange Sponge	Fruit Salad	Strawberry Cheesecake

This menu is available to order from 23rd March available until Sunday April 5th

Call us on 01728 440522 or email us at [frammealsonwheels@gmail.com](mailto:frammealsonwheels@gmail.com)

Any special dietary requirements please let us know when ordering

**MORE...PLEASE SCROLL DOWN...**

## Take-away menu

DELIVERIES AVAILABLE CALL 01728 685 275  
Friday - Sat 12 - 9pm, Sun 12 - 5pm



### PIZZA - ALL £10

#### PARMA HAM

Parma ham, rocket & parmesan

#### HAWAIIAN

Grilled pineapple, jalapeños & ham hock

#### CHORIZO

Chorizo, red onion, roasted peppers & capers

#### BUTTERNUT

Provolone, squash, chilli, garlic, rocket & sage

#### PORK BELLY

Pork belly, portobello mushrooms & caramelised onion

#### MARGARITA

Basil & olive oil

#### HOT SMOKED SALMON

Smoked salmon, red onion & garlic butter

### BURGERS

#### CHEESE & BACON BURGER

Gruyère cheese, crispy bacon, pickles, slaw & fries **£13**

#### PULLED PORK SANDWICH

Pickles, slaw & fries **£12**

#### SOUTHERN FRIED CHICKEN

Buttermilk, spiced chicken, slaw & fries **£12**

Bistro at the Barns   
Good - Honest - Food

## TAKE OUT MENU



10% Discount on collected orders

Homemade soup of the day

Selection of hot and cold sandwiches

Baguettes and paninis

Jacket Potatoes with various fillings

Fish Pie and veg

Pasta Bolognese

Cottage Pie and Veg

Beef Chilli and Rice

Battered Cod and chips

Sausage and Mash

Butternut squash and sweet potato curry

Lasagne and chips

Kids meals also available

Homemade scones, cakes and desserts  
available

This menu is subject to change.

\*Please see our website for prices  
www.Bistroatthebarns.co.uk  
Tel: 01449 711257